



The Colorado Sheltie

www.centennialshetlandsheepdogclub.com

August

2009

Calendar of Events

- September 5, 6 - Evergreen Colorado KC, Greeley, CO. j. Robert Slay, Walter R. Bebout. Closes Aug. 19. Onofrio.
- September 19, 20 - Flatirons KC Obedience/Rally Trials, Longmont. Closes Sept. 2. (970) 744-1077.
- September 19 - Mountain States DTC Agility Trial, Golden.
- September 20 - Timberline Bas-set Hound Club Agility Trial, Golden Limited to 330. Closes Aug. 19. Draw Aug. 21. (303) 665-9007 or carolmakow@aol.com
- September 20 - 3rd Annual "Bark In the Park," Exposition Park, 10955 E. Exposition Ave., Aurora. Rain or Shine. 10 a.m. - 3 p.m. 303-696-7106 or cinergyboxers@aol.com

(Continued on page 2)

"Heat and haze of crimson sunsets"

Elizabeth Maua Taylor

NEXT MEETING—

Date: August 22, 2009

Place: 4-H Multi-Purpose Building

**5804 S. Datura,
Littleton, CO**

**Time: 7:00 Social
7:30 Program
& Meeting**

The August 22 meeting of CSSC will be held at the 4H Multi-Purpose Building in Littleton.

The mini-moments of the Standard discussion will focus on the AKC point schedule.

The program is on genetic testing—the tests that should be done on both parents before any breeding is contemplated. Which ones are essential and which are nice to know?



This meeting is also the last meeting to nominate judges for the 2010 Specialty.

Hope to see everyone there.

Guests are always welcome; members are expected!

Meeting Hostesses

August Hostesses: Jennifer Newman & Mary Hays

September Hostesses: Match Potluck—Everyone

The Colorado Sheltie

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THE COLORADO SHELTIÉ is published eleven times yearly. The newsletter will be posted on the club website at www.centennialshetlandsheepdogclub.com. Advertising is limited to members only, except by special permission of the Board. Rates are \$7/month full page, \$6/month half page, \$5/month business card.

Claims made in ads or opinions expressed in articles including editorials are not necessarily endorsed by CSSC of GD or the COLORADO SHELTIÉ. Articles, letters and comments are welcomed and will be printed at the discretion of the editor and/or the Board of Directors.

These must be signed, but names will be deleted upon request.

NEWSLETTER DEADLINE IS THE FIRST OF EACH MONTH.

A copy of the newsletter will be mail upon request. Postage will be assessed.

To inquire about joining, please attend the next meeting or function of the club and ask for a membership application.



Calendar of Events...cont.

(Continued from page 1)

- Sept. 25, 26, 27 - Front Range Agility Assoc. of Denver, Castle Rock. Limit of 660 on Friday, 990 on Saturday and Sunday. Closes Sept. 9. 303-791-1341 or horacek@2west.net
- Sept. 26, 27 - Grand Valley KC, Grand Junction. j. Mrs. Robert Smith, Dr. Robert D. Smith. Closes Sept. 9. On-frio.
- Oct. 3,4 - Pikes Peak OC Obedience/Rally Trials, Elbert. Closes Sept.16. Deb Ascher, Secy. (970) 532-3124.
- Oct. 9, 10, 11 - Terry-All KC Agility Trials, Brighton. 600 limit or closes Sept. 23. Secy - Deb Ascher. (970) 532-3124.
- Oct. 10 - PWCC of the Rockies Tracking Tests, Littleton. Limit 4. Cynthia Hutt, Secretary.
- Oct. 24, 25 - Longs Peak DTC Agility Trials, Fort Collins. 600 limit or closes Oct. 7. Deb Ascher, Secy. (970) 532-3124.
- Oct. 24, 25 - Four UKC Shows and Two UKC Rally Trials, Jeffco Event Center, Golden. (303) 373-4018 or ebonhills@hotmail.com

Presidents Corner

Well, our July meeting/picnic got rained out! We are planning on having a brief "catch up" meeting after best of breed on Friday up in Greeley. We will also have our regularly scheduled meeting the following Saturday (8/22) in the multi-purpose building in Littleton. There are quite a few details that need to be taken care of, so it's important that we have good attendance! There will be a board meeting at 6:30 followed by our general meeting at 7:30! Hope to see you all up in Greeley as well as on the 22nd!

Susan



Amadeus Shelties

Breeders of Quality
Shetland Sheepdogs

Judy Rayburn

4123 W. 22nd Street, Greeley, Colorado 80634
970 330-7176 rayburn7@comcast.net



Show Results & Brags



No show results were available at the time of publication. They will be available in the next newsletter.

Show Results and Brags are for members of CSSC only. For complete show results please go to www.akc.org.

Minute by Minute—July 2009

CENTENNIAL SHETLAND SHEEPDOG CLUB OF GREATER DENVER, INC.

MEMBERSHIP MEETING

The July Picnic meeting was rained out.

Our upcoming meeting on August 22, 2009 is the last time you may nominate a judge for the 2010 specialty!!

SHELTYE POEM

Poem about Shelties, written by Erika Weil of Long Island:

S is for their skillfulness
 H is for their happiness
 E is for their eagerness
 T is for their temperament
 L is for their loyalty
 A is for their affection
 N is for their natural intelligence
 D is for their devotion

S is for their smartness
 H is for their hardiness
 E is for their expression
 E is for their endless energy
 P is for their personality
 D is for their delightfulness
 O is for their obedience
 G is for their gentleness

(taken from an older (1970's) edition of "The Colorado Sheltie."

MEMBER NEWS

JoAnne Lenz' Sheltie, "Glory," age 15, had a full page color writeup in a recent Idaho Falls Sunday newspaper for being "pet of the month."

Ann Campbell is in the Greenwood Village Care & Rehab Center following two falls in her home on July 26, and then spending several days in Porter Hospital. She is going to physical therapy every day and trying to learn to go up 4 steps. Arrangements are being made to see if a ramp can be installed at her home, but she will need to be able to navigate somewhat in order to use it. I know she would appreciate cards, calls and visits. Her phone # is 720-200-7973. The address is Greenwood Village Health and Rehabilitation Center 6005 S. Holly St. Centennial, CO 80121. Her room is 214 Evergreen.

Newsletter Business Card Ads

The Colorado Sheltie is accepting **member** business card ads for the newsletter. Cost is \$5.00 per published edition. If you would like to place a business card ad, please **email** a copy of your business card to Natli VanDerWerken at natli_vanderwerken@viawest.net.

	<p>Lochleven Shetland Sheepdogs</p>
	<p>Natli VanDerWerken & Debbie VanDerWerken-Walker</p>
	<p>Handling Stud Service Puppies Occasionally</p>
	<p>303 755-5404 lochlevenshelties@viawest.net www.lochlevenshelties.com</p>

AKC NEWS

Effective January 1, 2010, all FSS enrolled dogs with three-generation pedigrees will be eligible to compete in all AKC Companion Events.

A new FAST title, effective January 1, 2010, was added to the AKC Regulations for Agility Trials. The addition of this title is to encourage exhibitors to continue exhibiting their dogs past the Master FAST titles and help clubs to increase their agility entries.

Numerous changes (effective January 1, 2010) were adopted to the Tracking Regulations, as recommended by the Tracking Advisory Committee.

The Obedience, Agility, and Rally Regulations were amended, effective April 1, 2020, to provide for mixed-breed dogs.

The Match Regulations, were amended effective January 1, 2010, to provide for mixed-breed dogs in Obedience, Rally and Agility Events.

DID YOU KNOW?

...that President Calvin Coolidge owned a Sheltie named Calamity Jane?

...that the first American Champion Sheltie (in 1915) was Ch. Lerwick Rex? A black and white, he was owned by Mr. J. G. Sherman, and bred by James Loggie of Shetland.

...It took 57 years for the AKC to reach its first big milestone, the registration of the millionth dog, which was a Shetland Sheepdog, Alice Gray Gown, owned by Catherine Edwards Coleman of Newport, NH. The 5 millionth was a Collie from Salem, OH. In 1970, the AKC registered over one million dogs in that year alone!

...that 150 years ago, the first dog show took place in England on June 28 and 29, 1859? It was a DOG show (no bitches) and all the exhibitors were men!

2010 SHELTYE CALENDARS HAVE ARRIVED

All orders paid for by Sept. 1, 2009 will be \$11.00 each. After Sept. 1, the price is \$12.00. Bev Sack will have the calendars available at the August meeting. If you prefer, please e-mail Bev (bevsack@mcleodusa.net) with the quantity wanted and send a check to her, made out to C.S.S.C. to 1444 S. Osage St. Denver, CO 80223.



HELPFUL HOME REMEDIES FOR DOGS

By Suzi Beber - British Columbia—from an email list

Hi everyone: Well, this is it . . . a little bit of everything.

Nothing here is new. I am simply sharing those things that I have found to be helpful, some more than others, and I tweak things as I go along the way.

Perhaps the most important thing of all for us to remember is that just as we are all different with our own strengths and needs, our dogs are all different too, and what works for one person, may not work for another. Sometimes, what works today, does not work tomorrow. Many of the recipes "overlap" as one person takes an oil away or adds another. I like to use the most simple recipe possible, so if you find one essential oil (like the Rose Geranium Oil) that even "hints" of a change, keep at it. I encourage you to write notes, and, if you are frustrated with "all this stuff," write me, tell me exactly where you live, the bugs you get, and how many dogs you have, and we'll choose a recipe together.

A great way to use essential oils, is to apply "neat" (not mixed with anything) oils to a bandana. Many years ago, I spent a lot of time with Kristen Leigh Bell. She was beginning her studies in aromatherapy (and I had been dabbling in it for years), and often came over the border from Rochester to Oakville, for weekends of play and chemistry. Many potions were developed over time, and though Kristen has not practiced animal aromatherapy for a long time, her book, "Holistic Aromatherapy for Animals," is an excellent resource, with lots and lots of recipes.

One of my favorite books of all time is "The Illustrated Encyclopedia of Essential Oils: The Complete Guide to the Use of Oils in Aromatherapy and Herbalism," written by Julia Lawless. Check out <http://www.aqua-oleum.co.uk/>, the home of Aqua Oleum.

Oils last a long, long time, if they are taken care of properly. Finally, mixtures can be made to order for you and sent to your home too. I hope the following makes sense.

Grapefruit Seed Extract

I am never without Grapefruit Seed Extract. The first recipe for a "Flea Free Spray" is also included. I always have a bottle on hand. It smells great and some people swear by it. I spray it on the dogs, I spray it on beds, and I spray

it on my clothes too. By the way, I only use NutriBiotic Grapefruit Seed Extract.

Visiting Ponds with Your Dogs? Grapefruit seed extract may be a great addition to your dog's first aid kit!

Grapefruit seed extract is considered to be one of nature's antiseptics. It can be used both topically and internally. GSE began to be used back in the 1970s, when Dr. Jacob Harich, an immunologist, was looking for a natural alternative to antibiotics that was non-toxic and would help the body resist bacteria, viruses, parasites and fungi. He found what he was looking for in the seeds and connecting tissue of the grapefruit.

GSE kills germs on contact, so the cosmetic industry adopted GSE as a preservative and it is also used in the food transport business as an alternative to chemicals and irradiation. It is great for diarrhea, and treats a variety of parasites and viruses.

A number of studies have been conducted using GSE. GSE exhibits significant anti-microbial activity at low concentration. Many dog people use GSE regularly/daily. The dosage is 1 drop per 10 pounds of body weight. For more information, visit <http://www.nutribiotic.com/GSELiquid.htm>

MAKE YOUR OWN FLEA FREE SPRAY

1 teaspoon Vegetable Glycerin
 1/2 ounce (15 ml) Grain Alcohol or Vodka (You can replace the alcohol with water if you like.)
 1 teaspoon Sulfated Castor Oil
 10 drops Grapefruit Seed Extract
 7 ounces Distilled Water or Spring Water
 4 drops Clary Sage EO (Essential Oil)
 1 drop Citronella EO
 7 drops Peppermint EO
 3 drops Lemon EO

This recipe makes 8 ounces (240 ml). Store in a dark plastic spray bottle (or a dark glass bottle is even better, but not practical). Shake very well before use! Store in a cupboard. Now, here is another version of a Flea Free Spray, that is very popular. Note, that there are less ingredients.

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HELPFUL HOME REMEDIES FOR DOGS...continued

(Continued from page 5)

MORE FLEA FREE RECIPES . . . ANOTHER FLEA FREE SPRAY

This recipe calls for 1-1/2 ounces of distilled water and 1-1/2 ounces of high-proof alcohol. You can use Vodka, but you cannot use isopropyl or rubbing alcohol.

However, if you like, you do not have to use alcohol at all. Simply add 3 more ounces of distilled water (or spring water).

15 drops Citronella EO
10 drops Lavender EO
10 drops Eucalyptus EO
5 drops Lemongrass EO

FLEA FREE ESSENTIAL OIL BLEND

1/2 ounce (15 ml) base oil, e.g., Sweet Almond Oil (available at most health food stores -- not to be taken internally)

4 drops Clary Sage EO
1 drop Citronella EO
7 drops Peppermint EO
3 drops Lemon EO

BUGS OFF . . . THE EVER POPULAR BUG SPRAY . . . OFTEN RECOMMENDED FOR FLEAS

Mix 2 drops of the following essential oils together, with 8 ounces of water, and spray on dogs as needed . . . every time you go out.

Pine Tree Needle EO
Rosemary EO
Sweet Orange EO
Sage EO
Cedar EO
Citronella EO
Eucalyptus EO
Peppermint EO
Tea Tree EO

TICK TOCK Ticked Off at Ticks

Right off the bat, I think that it is a good idea to have Essential Oil of Lavender in our homes, and that it be carried with us, when we know that there is the possibility of being in wooded areas (I guess that means, it should be in our vehicles at all times) Secondly, one of the primary

homeopathic remedies for ticks is *Ledum 30C*. *Echinacea* is also good to have on hand but only use it if assured that your dog does not react to this herb. I also think that *Apis 30C* is important to have as it is great for insect bites and sudden swelling. (I am allergic to bee stings so an EpiPen and benadryl is with me at all times.) If you want to treat yourself and your dogs to something extra special try out L'Occitane en Provence "Lavender Mosquito Repellent Towelettes." Each wipe contains Lavender, Citronella, and Geranium. They come in recyclable bags and the wipes themselves are biodegradable. Check out <http://www.loccitane.com/29/1/2270/34000/A-True-Story.htm> Bookmark Anne McGuire's website . . . [pagehttp://www.vintagegoldens.com/tick.htm](http://www.vintagegoldens.com/tick.htm) Print out the information and keep it on hand.

ROSE GERANIUM ESSENTIAL OIL

Rose Geranium is recognized as an effective essential oil for repelling ticks. Combine the following in a glass jar: 2 tablespoons vegetable or nut oil, e.g., almond oil, which contains sulphur, which also acts as a repellent.

10 to 25 drops Rose Geranium

Note: *Palmerosa* is a sister essential oil to Rose Geranium, and is also known to repel ticks. It is cheaper and sometimes easier to find than Rose Geranium.

NEEM OIL

Neem is a unique natural pesticide and insect repellent derived from the seed oil of the neem tree (*Azadirachta indica*), native to India. Neem leaves and seeds have been used for thousands of years, for their medicinal and insect "repellent" properties. Neem extracts have been studied extensively by the U. S. Department of Agriculture. Neem extracts have antibacterial, antifungal, antiviral, and wound healing properties. Check out <http://www.discoverneem.com/>

GOODBYE TICKS ESSENTIAL OIL BLEND from "Holistic Aromatherapy for Animals"

1/2 ounce (15 ml) base oil, e.g., Hazlenut or Sweet Almond
2 drops Geranium (*Pelargonium graveolens*) Essential Oil
2 drops Rosewood (*Aniba roseadora*) Essential Oil
3 drops Lavender (*Lavandula angustifolia*) Essential Oil
2 drops Myrrh (*Commiphora Myrrha*) Essential Oil
2 drops Opoponax (*Commiphora erythraea*) Essential Oil
1 drop Bay Leaf (*Pimento racemosa*) Essential Oil

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HELPFUL HOME REMEDIES FOR DOGS...*continued*

(Continued from page 6)

Apply 2 to 4 drops topically to the neck, chest, legs, and tail base of your dogs. You can also add the drops to a bandana or cotton collar.

TICK REPELLANT RECIPE FROM "HERBS FOR PETS"

Note: This recipe is also included in Nelly Grosjean's book, "Veterinary Aromatherapy."

300 ml olive oil or other oil

500 ml of essential oil of Terebinth

100 ml of Saint John's Wort, infused oil

100 ml of essential oil of Lavender

This recipe makes about a litre of the oil. It can be massaged on affected areas to help ticks drop off. As a preventative, it can be massaged on areas of the dog that are most likely to come into contact with ticks.

MAKE YOUR OWN TICK REPELLANT COLLAR OR POWDER from the "ENCYCLOPEDIA OF NATURAL PET CARE"

The essential oils of Palmarosa and Opopanax (the myrrh of ancient Egypt) are effective tick repellants. According to Suzanne Caty, Atlas Cedar repels ticks and can be blended with these oils to improve their performance. To make a tick repelling collar, do the following: Add the following essential oils to a fabric collar, piece of rope, or bandana. Seal it in an airtight plastic bag or jar, and leave overnight. This permeates the entire cloth. Then, tie it loosely around your dog's neck. The oils will remain effective for approximately 2 to 3 weeks. When the collar needs *recharging*, pop it back in the bag or jar, and repeat the process.

Here are the oils:

2 drops Opopanax EO

2 drops Palmarosa EO

2 drops Atlas Cedar EO

Additional Notes from Suzi: Atlas Cedar must be used, not another cedar, because cedar can be very harsh. You need to test for a reaction. We must also keep in mind, that natural remedies may act as a repellant, BUT, they are not a magic bullet, and for some, essential oils work like a charm, but not always. With this in mind, you can actually dilute the essential oils in powder, e.g., baking powder, rice flour, or corn starch. and instead of making a collar, make your own tick repellant powder, and sprinkle away.

USING THE HOMEOPATHIC REMEDY "LEDUM" FOR TICK BITES (CHARLES LOOPS, DVM)

The homeopathic remedy Ledum, works well for puncture wounds, and, in particular, to counteract tick-borne diseases, such as Rocky Mountain spotted fever or Lyme disease. Use Ledum if you see any swelling or sensitivity at the site where a tick has been removed. Most of the time, there is no reaction. However, if you live in an area where there is a known prevalence of tick disease, Ledum is an effective preventive measure that can be used during the height of the tick season.

BASIC BUG REPELLANT

Here is a very simple recipe for a basic bug and tick repellant: Mix 10 drops of Tea Tree EO (essential oil), 10 drops of Citronella EO, and 10 drops of Eucalyptus EO, with 16 ounces of distilled water, in a spray bottle (You want a "mist."), and you can use this spritz each time you go for a walk. SOURCES FOR OILS Aqua Oleum . . . Julia Lawless: <http://www.aqua-oleum.co.uk/> From Nature with Love: <http://www.fromnaturewithlove.com/> Frontier Natural Products Co-op: <http://www.frontiercoop.com/> Gaia Garden Herbals: <http://www.gaiagarden.ca/> Lavender Lane: <http://www.lavenderlane.com/>

ACTION SHEET FOR "THINGS THAT BITE AND STING"

"The stings of bees, wasps, yellow jackets and ants all cause painful swelling at the site of the sting. Serious systemic reactions occur only rarely but it is better to be prepared. If your pet is stung many times he could go into shock as a result of absorbing toxins. If your pet experiences severe allergic reactions to insect bites, ask your veterinarian to prescribe an EpiPen and carry anti-histamines, such as Benadryl, in your pet's First Aid Kit. An EpiPen is a sterile Epinephrine auto-injector, which is for allergic emergencies (Anaphylaxis). The EpiPen should ONLY be used for a hypersensitive animal in an allergic emergency and ONLY as prescribed by your veterinarian. Such emergencies may occur from insect stings or bites. Benadryl can be given at the dose of 1 to 2 mg per pound, but DO NOT use either an EpiPen or antihistamine instead of obtaining proper veterinary care.

TREATMENT OF INSECT BITES

(Continued on page 8)

HELPFUL HOME REMEDIES FOR DOGS...*continued*

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Identify the insect. Remove stinger, when accessible, with tweezers. Only bees leave their stingers behind. Make a paste of baking soda and water and apply it directly to the sting. Ice packs relieve swelling and pain. In a pinch a bag of frozen peas makes an effective ice pack. Calamine lotion helps to relieve itching. Benadryl cream is also effective for itching. Dolisos Homeopathic Apis Gel is specifically formulated for insect bites and itching. If your pet is having an allergic reaction to an insect bite or sting, he may be unconscious, have a swollen tongue, have difficulty breathing, and be cold to the touch. Treat your pet for shock, making sure to cover him, to retain body heat, and seek veterinary action immediately.

HOMEOPATHY FOR INSECT BITES AND STINGS

Homeopathy is based on the Law of Similars, which states that "like cures like." Remember, using Homeopathy on your own is not a substitute for regular veterinary care. Veterinarians who include Homeopathy in their practice are located across North America.

For the acute treatment of insect bites and stings, give 1 tablet/pellet, in a dosage of 30C, every 15 minutes, for 3 hours, and then 1 tablet/pellet each hour, for the remainder of the day. After this, give 1 tablet/pellet, 3 times, for 3 further days, or until all symptoms have disappeared. *Ledum palustre* is a homeopathic remedy that is well known for its effects on any puncture wound including bites and stings. *Apis mellifica* is a homeopathic remedy that is made from honey bee venom and is often helpful, since the symptoms are essentially those of a bee sting, i.e., like cures like.

You can consider this remedy for a typical bee sting with a

bright red smooth swelling that is sometimes white around the edges due to swelling. *Apis* has been known to work best when there is facial swelling or a lot of swelling around the wound.

Cantharis is a homeopathic remedy worth considering when the sting or bite becomes intensely inflamed and looks like a burn, even forming blisters.

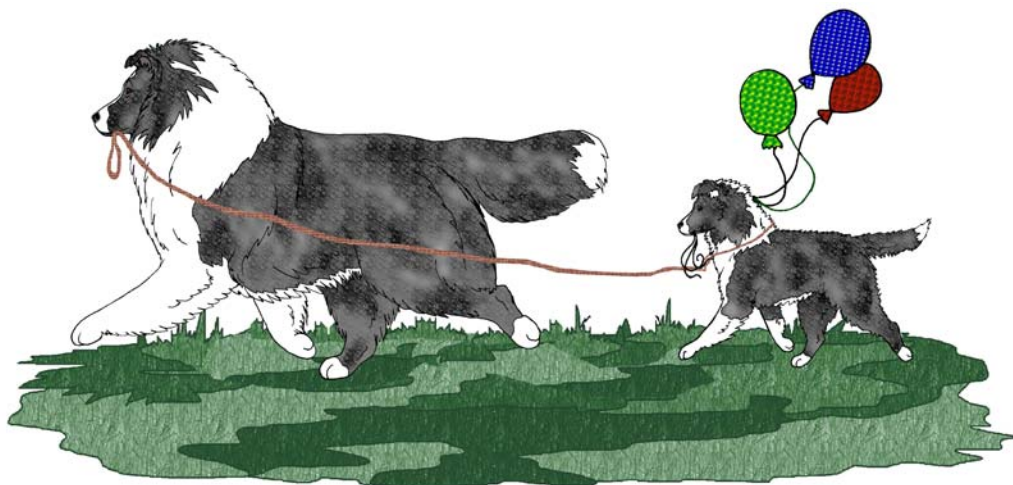
Urt urens is a homeopathic remedy which is often recommended for bites and stings with itchy blotches and burning heat from the site, as well as swelling. There can also be violent itching, along with a clear sticky discharge.

Lavender Essential Oil is soothing when massaged around a bite or sting but it should not be applied to an open wound.

Dr. Bach's Rescue Remedy may be administered as single drops by mouth which will help to calm down a dog who is frightened or distressed. Rescue Remedy can also be applied externally when an animal is unconscious by being rubbed into the gums, lips, nostrils, or skin, pulse points or soft cavities. It can also be dripped onto bandages and gauze to directly cover a wound.

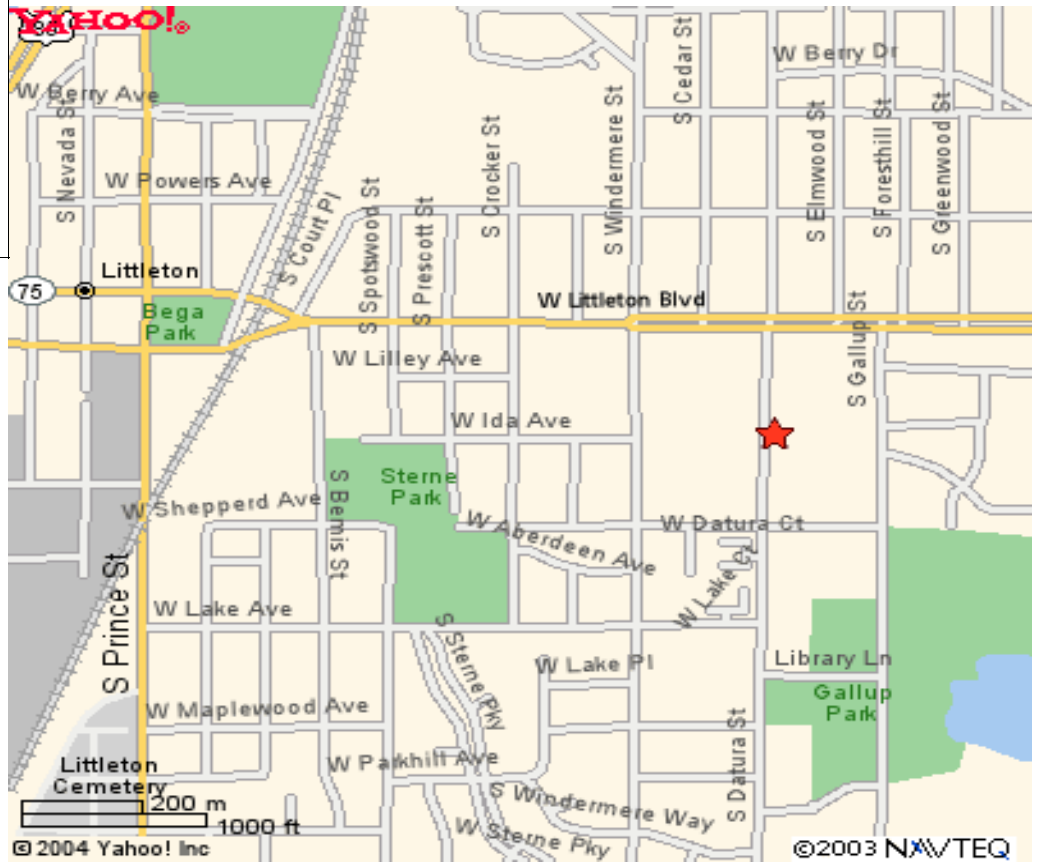
Rescue Remedy cream can be applied to bruises, contusions and a variety of wounds. This is not intended to be a substitute for professional veterinary assistance.

If you are ever in doubt about your dog's health or welfare, please consult your veterinarian immediately.



**CSSCGD
Annual
August Meeting
August 22nd
In Littleton**

The August 22nd meeting starts at 7, program at 7:30. The program is on Genetic Testing. MiniMoments is on the AKC point schedule.



The Colorado Sheltie

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First Class Mail

